

PRELIMINARY PROGRAM

16th August , 2011 (Tuesday) DAY I

- 08:00-09:00 REGISTRATION
09:00-09:30 OPENING REMARKS
09:30-10:30 **PRESIDENTIAL PRESENTATIONS**
- *Mathias Mende/President ESH*
 - *Mhairi McKenna / Immediate Past President*
 - *Nicole Ruysschaert / President Elect*
- 10:30-11:00 COFFEE BREAK
11:00-12:00 **CAMILLO LORIEDO**
** Mind-Body Hypnotic Treatment Of Conversion Disorders*
12:00-13:00 LUNCH
13:00-13:50 **OPENING CEREMONY**
- *Opening Speech*
 - *Turkish Music & Movement Therapy Tradition (TUMATA)*
 - Pentatonic improvisation with authentic instruments (Example of old Central Asian Healer Application)
 - BAKSI DANCE (The oldest music and movement therapy tradition in the world, still in use)
 - IMAGE MUSIC (therapy used by the old Central Asian medicine man)
- 14:00- 16:00 **PARALLEL SESSIONS & WORKSHOPS**
- I) Applied Turkish Music & Movement Therapy Concert by TUMATA (Director: Asst. Prof. Dr. RAHMI ORUC GUVENC) 14:00-15:00 **Main Room**
 - II) Hypnosis and Treatment of Trauma in Children (JULIE LINDEN) 14:00-16:00
 - III) Brief Psychological Interventions in Practice (ANN WILLIAMSON) 14:00-15:00
 - IV) Breaking The Ice With the Elderly: Using Hypnosis With the Ever-growing Senior Population (Shaul LIVNAY) 15:00-16:00
- 16:00-16:15 COFFEE BREAK
16:15-17:15 **NICOLE RUYSSCHAERT**
** Bridging East & West In Waves of Trance*
17:15-18:15 **GUNNAR ROSEN**
** Evidence Based Use Of Hypnosis In The Treatment Of Pain*
- 18:15 -19:15 ESH BOARD OF DIRECTORS MEETING**
- 20:00 – 22:00 TURKISH KEBAP NIGHT (Extra)

17th August , 2011 (Wednesday) DAY II

08:00-09:00 ESH JOURNAL COMMITTEE

08:45-09:00 AGENDA OF THE DAY

09:00-10:00 **MATTHIAS MENDE**

** Like A Bridge Over Troubled Water: Exploring The Healing Qualities Of The Hypnotic Trance*

10:00-11:00 **PARALLEL SESSIONS**

- I) Symposium on Hope , Humour & Happiness in Hypnosis (C.CASULA, BERNHARD TRENKLE, NICOLE RUYSSCHAERT) **Main room – 1. Half**
- II) Hypnotic Perspective for Dealing with Borderlines (John LETZ)
- III) The Presentation Summary Of Dr.Ulusoy Hypnosis Induction Model & Analysis of 450- Vaginismus Clinical Cases (Dr. MURAT ULUSOY)
- IV) Use of Hypnosis of Cessation of Smoking & Alcohol Ingestion (Ali Esref MUEZZINOGLU, Cetin KALELI)
- V) The Four Squares Technique (Michael Schekter)

11:00-11:30 COFFEE BREAK

11:30-12:30 **PARALLEL SESSIONS**

- I) **CONTD.** Symposium on Hope , Humour & Happiness in Hypnosis (C.CASULA, BERNHARD TRENKLE, NICOLE RUYSSCHAERT) **Main room – 2. Half**
- II) Hypnotherapy for Adults With Attention Deficit Hyperactivity Disorder (Adhd) (Maarit VIRTÄ) 11:30 – 12:00
- III) Creative Double Inductions for Mind Body Healing etc. (John LETZ)
- IV) The Parallel Hypnotic Approach of AUCH Method To Positive Pschotherapy In Aiming Therapeutical Change (Ali Ozden OZTURK)
- V) How to Teach Someone to Realise the Power of Words in Medical Practice. Useful Exercises (KATALIN VARGA, PhD, Psychologist)
- VI) Factors Facilitating the Performance of Hypnosis (Ali Esref MUEZZINOGLU, Cetin KALELI) 12: 00 – 12:15
- VII) Use of Hypnosis In Intractable Tinnitus (Cetin KALELI, Ali Esref MUEZZINOGLU) 12:15 – 12:30

12:30-13:30 LUNCH

13:30-15:45 **PARALLEL SESSIONS & WORKSHOPS**

- I) The Skin and the Psyche (PHYLLIS ALDEN & MHAIRI MCKENNA) 13:30-15:45 **Main Room**
- II) Hope & Resiliency : The Power of Healing From Within (CLAUDIA WEINSPACH) 13:30-15:45
- III) Associative and Dissociative Techniques in the Salutogenic Treatment of Ptsd (GISELA PERREN-KINGLER) 13:30-14:45
- IV) Magic & Realism In the Treatment Of Anxiety Disorders In Children & Adolescents: Hypnosis With Children, Adolescents & Adults (Susy Signer-FISCHER) 13:30-14:45
- V) Hypnotic Strategies To Improve Children's And Adolescents' Self Esteem and Identity Formation (Susy Signer-FISCHER) 14:45-15:45
- VI) A New Approach in Quitting Smoking Through Hypnosis (Kadir DEMIREL) 14:45-15:45

15:45-16:00 COFFEE BREAK

16:00-17:00 **Nevzat TARHAN**

** The Brain Correlates of the Hypnotic Phenomena*

17:00-18:00 **SHAUL LIVNAY** / ** The ECH after the end of Grand-parenting: the new & permanent criteria, procedures and process of obtaining the ECH.*

18:00-20:00 ESH Council Of Representatives Meeting

20:00-22:00 WELCOME COCKTAIL / Sheraton Maslak Hotel

18th August, 2011 (Thursday) DAY III

08:45-09:00 AGENDA OF THE DAY

09:00-10:00 **MHAIRI MCKENNA**

** Hypnosis As A Modality For Better Communication-a Global Perspective*

10:00-11:00 **PARALLEL SESSIONS & WORKSHOPS**

- I) Sufi & Hypnosis (Hasan Ali Nogay, Ali Ozden Ozturk) **Main room**
- II) Treating Psychogenic Disorders With Subliminal Therapy (Edwin K. YAGER)
- III) Strategic and Positive Hypnotherapeutic Approaches In The Psychological Treatment of Ocd Patients (Zahi Arnon)
- IV)

11:00-11:30 COFFEE BREAK

11:30-12:30 **PARALLEL SESSIONS & WORKSHOPS**

- I) To Influence The own Lifespan (Susy Signer-Fischer)
- II) The Effect of Preoperative Brief Hypnosis Intervention To Preoperative Anxiety, Perioperative Hemodynamics and Postoperative Recovery In septoplasty Surgery (Osman OZCAN, Huseyin SERT, Alper YUKSEL, Burhanettin USTA, Muhammet GOZDEMIR)
- III) Hypnotic Communication In Emergencies (Ernil HANSEN)
- IV) The Effect of Hypnosis On Depressive Symptoms And Anxiety Symptoms In Patients In In-vitro Fertilization (Ivf) Process (Dilek TURKOGLU)

12:30-13:15 LUNCH

13:15-15:45 **PARALLEL SESSIONS & WORKSHOPS**

- I) Symposium on Integrating Hypnosis and Spiritual Care (C.CASULA, PAOLA BRUGNOLI, HANS KANITSCHAR, N. RUYSSCHAERT) **Main Room**
- II) The use and abuse of hypnosis in conversions (Gaby GOLAN)
- III) How to Integrate Hypnotherapy With A Narrative Approach (Martin Blendstrup MALMSTORM, Hans Christian Ramskov JENSEN) 13:15-15:45
- IV) Demography on Patients and Patient Profiles by Hypnosis Research & Application Unit in NPI (Neuro Psychiatry Istanbul) Hospital (Ali Esref MUEZZINOGLU, Burcu GUDUCU, Hilal KAMER, Besim AKIN) 13:15-14:15
- V) Studies of the Hypnosis Research & Application Unit Of Istanbul Neuropsychiatry Hospital (Nevzat TARHAN, Ali Esref MUEZZINOGLU, Serdar NUHOGLU, Kamil ERTEKIN, Ihsan OZTEKIN) 14:15 - 15:45

15:45-16:00 COFFEE BREAK

16:00-17:00 **SHAUL LIVNAY**

** International Trends, Universal and Generic Components Of Hypnosis As They Meet Their, Familiar Culture: How Does The Local Integrate With The Universal? An Attempt At Synthesis*

17:00-18:00 **EDWIN K. YAGER**

** The Role of Hypnosis in the Etiology of Psychogenic Disorders*

18:00-20:00 ISH COUNCIL OF REPRESENTATIVES MEETING (40-60 people)

20:15 - 23:00 BOSPHORUS CRUISE (Extra, Min. 50 people, Max. 100 People - Early booking required)

19th August, 2011 (Friday) DAY IV

08:45-09:00 AGENDA OF THE DAY

09:00-10:00 **JULIE LINDEN**

** Beyond Compassion and Empathy: Hypnosis as the Gateway to Healing*

10:00-11:00 **PARALLEL SESSIONS & WORKSHOPS**

- I) Manipulation and Miscommunication (John LETZ)
- II) Hypnotherapy's Effectiveness According To Addict's Peculiarities (Borys IVNYEV, Tsira ABDRAKHIMOVA)
- III) The Hypnotherapy's Role In Treatment And Development Of a Person Who Shows Neurotic Profile, Personality Disorder and Low Self Value (Nihal ARAPTARLI)
- IV) Using Ericksonian Psychotherapy With Children (Maria Escalante DE SMITH)
- V) Hypnotherapy For Resolving Psychopathology Stemmed From Pre- and Perinatal Traumas 1 Methods (Noemi CSASZAR, Jozsef P. VAS)

11:00-11:30 COFFEE BREAK

11:30-12:30 **PARALLEL SESSIONS**

- I) Hypnosis & Archetypal Images: A Preliminary Study (Michele MODENESE, Federica TAGLIATI)
- II) Trauma/Stress/Dermatological Diseases and Hypnotherapy (Hakan VULKAN)
- III) Hypnotherapy For Resolving Psychopathology Stemmed From Pre- and Perinatal Traumas 2 Theoretical Considerations (Noemi CSASZAR, Jozsef P. VAS)
- IV) Hypnotic (And Non Hypnotic) Interventions In "Stage One" Treatment Of Developmental Psychological Trauma & Dissociative Disorders (Su BAKER, JOHN O'NEIL)
- V) Hypnotherapy Effect on Healing Process In Hiperemesis Gravidarum (Osman OZCAN, Nilgun TURHAN, Ayla ESER, Secil ALDEMIR)

12:30-13:30 LUNCH

13:30-16:15 **PARALLEL SESSIONS & WORKSHOPS**

- I) Hypnotic Susceptibility Symposium (Eva BANYAI, Andras KOLTO, Anna C. GOSINE GREGUSS, Katalin VARGA, Zoltan NEMETH, Anna SZEKEL, Emese JOZSA) **Main Room**
- II) From Psyche to Soul, Hypnotic & Meditative States From East To West (Paola BRUGNOLI, Consuelo CASULA) 13:30-16:15
- III) Extracting the fear by hypnotic tools before implanting a tooth (Dr. Nir UZIEL, Dr. Evelyne Weshler) 13:30 - 16:15
- IV) Rapid & Instant Hypnosis (Giuseppe Regaldo) 13:30-16:15
- V) Hypnosis in Cancer Care, Enhancing Life (Phyllis ALDEN) 13:30 - 16:15
- VI) Therapeutic Communication In Anesthesia (Ernil HANSEN) 15:00-16:15
- VII) Doing Better While Getting Worse: Posthypnotic Amnesia Reduces Repetition Avoidance In Random Number Generation (Devine Blair TERHUNE, Peter BRUGGER) 15:00-16:15

16:00-16:30 COFFEE BREAK

16:30-17:30 **SUSANNA CAROLUSSON**

** Mind-Body Hypnosis in Psychotherapy: Be Sensible & Use Your Senses*

17:30-18:00 SUMMARY OF THE DAY, WRAP-UP

17:30-19:30 ISH BOD MEETING

20:00-24:00 GALA DINNER, Sheraton Maslak Hotel (Extra)

20th August, 2011 (Saturday) DAY V

08:45-09:00 AGENDA OF THE DAY

09:00-10:00 **GABY GOLAN**

** Hypnosis and Humour*

10:00-11:15 PARALLEL SESSIONS

- I) Verbal, Emotional & Somatic Bridging In Age Regression: From Symptoms To Causal (Ferda KALEGASIOGLU)
- II) Hypnosis In The Management Of Orofacial Pain (Randi ABRAHAMSEN)
- III) Clinical Hypnosis As An Adjunct In the Treatment Of Trauma Victims In Group and Individual Intervention (Jacques J. GOUWS, Andreja MARJANOVIC) **1. Half**
- IV) Utilization of Dreams In Ego State Therapy (Stefanie BADENHORST) **1. Half**

11:15-11:30 COFFEE BREAK

11:30-12:30 PARALLEL SESSIONS

- I) Clinical Hypnosis As An Adjunct In the Treatment Of Trauma Victims In Group and Individual Intervention (Jacques J. GOUWS, Andreja MARJANOVIC) **2. Half**
- II) Utilization of Dreams In Ego State Therapy (Stefanie BADENHORST) **2. Half**
- III) A Case Study on Social Fobby: S.K Is A Man Who Is 32 years old.... (Haluk ALAN)
- IV) Hypnosis In Treatment of Children With Fear of Dental Treatment (Randi ABRAHAMSEN, Ulf BROCH)
- V) "Eye Of the Storm": A Method of Healing Trauma Using Hypnoanalysis (CANDACE COOLEY) 1hr (*)

12:30-13:30 LUNCH

13:30-16:15 PARALLEL SESSIONS & WORKSHOPS

- I) SYMPOSIUM on A Tool for the Bridge: The Whirling Questioning (Thierry SERVILLAT, Pascal CHIFFOLEAU) **Main Room**
- II) A way of Working With Hypnosis In sport Psychology: Body Techniques and Ericksonian Metaphors (Michele MODENESE, Natascia BERNARDI, Wilma Trasarti SPONTI) 13:30-16:15
- III) Clinical Use of Hypnosis In The Treatment Of Pain (Gunnar ROSEN) 13:30 – 16:15
- IV) Late healing parenting (Marie Jeanne- BREMER) 13:30 – 16:15
- V) Personalizing Hypnotherapy: Hypnotherapy and Personality Type (James De Villers) 13:30 – 16:15
- VI) Ideomotorische Questioning In The Hypnoanalytischen Practice: Finger Movements & the Muscle Test (Component of Psychokinesiology) In Comparison (Candace V. COOLEY) 13:30-15:00 (*)
- VII) Dreamwork- Understanding and Processing Dreams (Candace V. COOLEY) 15:00-16:15 (*)

16:15-16:30 COFFEE BREAK

16:30-16:50 PRESIDENTIAL PRESENTATION (newly elected)

16:50-17:50 **CONSUELO CASULA**

** From Plato To Erickson : Ancient Philosophy & Modern Hypnotherapy*

17:50-18:15 CLOSING REMARKS

18:15-19:15 ESH New Board MEETING

All the dates and timing is tentative and due to change according to the schedule.