

# Manitoba Palliative Care Research Unit Dignity Therapy Workshop



**Dr. Harvey Max Chochinov**

June 14 – 16, 2010

Inn at the Forks  
[www.innforks.com](http://www.innforks.com)

Winnipeg, Manitoba, Canada

Registration Cost: \$1,000 CAD\*

The Manitoba Palliative Care Research Unit is proud to present an intensive two-and-a-half-day Dignity Therapy training workshop led by Dr. Harvey Max Chochinov. The ultimate goal of Dignity Therapy is to help bolster the dignity of dying patients and address their suffering. This therapeutic intervention invites individuals with life-limiting illnesses to reflect on matters of importance to them. Using the Dignity Therapy protocol and following the respondent's cues, a trained therapist facilitates the process of disclosing thoughts, feelings, and memories that are compiled in a narrative document for the patient to share with a friend or loved one. The benefits of Dignity Therapy have been published in the Journal of Clinical Oncology and the Journal of Palliative Medicine.

Held at The Forks, a beautiful National Historic site in Winnipeg, the workshop will consist of a blend of lectures, small-group discussion, observation of Dignity Therapy in action, and hands-on opportunities for therapists to learn how to carry out this novel intervention. The working language of the workshop will be English. For information about Winnipeg, visit [www.destinationwinnipeg.ca](http://www.destinationwinnipeg.ca).

For further details and/or to request a registration package, please contact us by email at [mpcru@cancercare.mb.ca](mailto:mpcru@cancercare.mb.ca). Please note that registration will be limited to 40 participants and the final registration deadline will be May 1, 2010.

\* A limited number of bursaries are available, worth between \$250 to \$1,000 off the cost of registration. The awarding of the bursaries will be determined, based on whether you are a student, a professional other than a physician, and the distance and individual circumstances of where you will be traveling from. To enquire about a bursary, please contact [mpcru@cancercare.mb.ca](mailto:mpcru@cancercare.mb.ca)